



# TORNADOES

## Track and Field

Schedule and Departure Times are tentative. Invitationals may be scheduled on any Fri/Sat.

Date	Place	Time	Depart
Sun. March 31	Red-White Inter-squad Scrimmage	1:00	
Wed. April 3	Warrior Run	4:00	--
Sat. April 6	at Selinsgrove Invitational	10:00	7:45
Tues. April 9	at Bloomsburg Area (Bloomsburg University)	4:00	2:15
Sat. April 13	at Susquehanna Invitational	10:00	7:45
Tues. April 16	Southern Columbia Area	4:00	--
Thurs. April 18	Breslin Invitational	2:00/3:00	--
Tues, April 23	at Hughesville	4:00	2:00
Friday, April 25	JH Breslin Invitational (Varsity Athletes will Work)	3:00	--
Sat. April 26	at Lock Haven Invitational	TBA	TBA
Tues. April 30	South Williamsport	4:00	--
Fri. May 3	at Purple and White Invitational (Shamokin)	TBA	TBA
Sat. May 4	at Freshmen/Sophomore Meet*	10:00	TBA
Sat. May 4	at Stan Morgan Invitational at Carlisle*	10:00	TBA
Sat. May 11	at PHAC Championships at Central Columbia High School	10:00	7:30
Thurs. May 16	at District IV Championships Day One at Williamsport High School	6:00	TBA
Sat. May 18	at District IV Championships Day Two at Williamsport High School	9:00	TBA
Fri.-Sat. May 24-25	at PIAA State Championships at Shippensburg University	9:00	TBA

\*Tentative

Follow MCA Track on Twitter @mcatrack and Instagram @tornadoestrack

Find MCA Track on Facebook for pictures, schedule and other team news.



**Hey, join our 'Track Parents' group on BAND for all updated events and info!**

<http://band.us/@mcatrackparents>

Information will go out about practice and meet updates along with other team updates.